Effective Presenting Skills



Effective Presenting Skills

• <u>Who?</u>

- Julia Cartwright (Postdoc), Karen Olsen (Postdoc), Mary Schultz (PhD Student), Christy Till (Faculty)

• <u>What?</u>

- Session for Grad. Students & Postdocs to practise their presenting skills in a relaxed environment....plus there's pizza.

• <u>Why?</u>

- Presentation practise is really important!!!

When?

- Every other Tuesday = Next opportunity = 24th Nov.



Preparing for your Presentation

<u>Who & Why...</u>

Know your audience.

- Important to have an idea of who you will be talking to. A conference audience is different to a job talk, or an outreach event.
- What is the goal of the presentation? (Job/Outreach/Research/New ideas?)
- Think about adjusting your language and your presentation style to best fit with those who are observing.

<u>What...</u>

Know your subject.

Make sure that you know what you're talking about! Anticipate potential questions, or problems with the work – No work is perfect!! Limitations are an important part of any type of research.

Also...

- Is this brand new work? Make sure to give enough emphasis...
- Are you presenting your thesis or collaborative work? Thank your collaborators/Funding bodies!

Preparing for your Presentation

<u>When...</u>

- It's important to plan in advance for your presentation.
- At least 1 week of preparation for ~40 min talk.
- Make sure that you have your data ready for presentation!

e.g. If you have already submitted an abstract, have you achieved everything that you wrote about?

Slide Structure – example....

Worldwide Chooolate Production and Consumption

<u>RESULTS:</u>

This plot shows a plot of the chocolate consumption per pound per capita for different countries, as measured for the year 2008. As you can see from the plots, Germnany in the major consumer of chocolate, the US is only 8th and Africa countries are not on the list.



 I think that we should move production to Europe or Africa, and encourage consumption in Japan. Give me funding to do this. ^(C)

- GERMANY IS A MINOR PRODUCER.
- USA IS THE MAJOR PRODUCER.
- NO PRODUCTION IN AFRICA!





Slide Structure – example....

Example...

- Color terrible scheme.
 Colorblindness is a problem!
- Plot size
- Font
- Spelling mistakes...
- Resolution of images
- Text conversation rather than bullet points.
- Layout crowded
- Data:
 - Error bars?!
 - References?



Worldwide Chocolate Production and Consumption



- Germany is the major consumer
- US is 8th
- African countries are not on the list!

Worldwide Chocolate Production and Consumption



- Germany is a minor producer.
- USA is the major producer.
- No production in African countries!
- African countries are the main harvesters of cocoa beans!



- Move confectionary production to Europe/Africa.
- Encourage more chocolate consumption in Japan & Africa?

Presenting Style – example...

Worldwide Chocolate Production and Consumption



- Germany is a minor producer.
- USA is the major producer.
- No production in African countries!
- African countries are the main harvesters of cocoa beans!



- Move confectionary production to Europe/Africa.
- Encourage more chocolate consumption in Japan & Africa?

Presenting Style – example...

Example...

- Consistency
- Speaking Speed
- Accent?
- Notes
- Movement



Presenting Style

Body Language & Sound:

Things to think about:

- Facial Expression & where to look?
- Posture
- Speaking speed/volume/pauses
- Responding to Questions/Comments/Criticisms

Other points:

• Don't be arrogant!





Prepare YOURSELF

Appearance...

• Look professional, but be comfortable.

<u>Self...</u>

- Get a good night's sleep the night before!
- Make sure that you have eaten!
- Drink water & bring a bottle with you.

Prepare YOURSELF

Nerves?!

• ...we all get nervous before talks. This is completely NORMAL.



Can be your friend!



Techniques:

- Deep breaths.
- Get some quiet time beforehand.
- Listen to Music.

• Yoga/Meditation.

During & After

BREATHE!

- Drink if you need
- Take pauses/breaks

Don't be disappointed if...

- People leave your talk...
- If you make a mistake....
- If the equipment fails....(the show must go on, unless it can be fixed quickly!)

Taking Questions:

- Decide if you want to take Q's during or after your talk.
- Keep positive.
- Don't talk rubbish. If you don't know something, then say so!

After

RELAX!

- Celebrate!
- Follow up on questions email/in person
- Remember lessons from the talk to help improve your next one!



